

WTR SERRA DO MAR - 2018

Relatório Geral - 16 KM - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo Percurso 10 km	Tempo Liquido Total
1	1159	MANUEL LAGO	M4044	-	ML MIX RUN XP	00:05:15	11,41	00:42:05	01:24:06
2	1072	MAYK EDSON MOURA DA ROCHA	M2529	-	TORRES TRAIL RUN	00:05:21	11,23	00:43:55	01:25:30
3	1078	MARCIO LUIZ CASEMIRO	M2529	-	JOTAEFE	00:05:26	11,06	00:44:06	01:26:49
4	1063	WELKER RODRIGUES	M2529	-	LUIZ BASTOS PERFORMANCE ESPORTIVA	00:05:45	10,43	00:46:16	01:32:05
5	1145	LUCAS LOURENCO DA ROCHA	M2529	-	ZEUS	00:05:51	10,27	00:46:47	01:33:28
6	1022	LEONARDO BOHRER	M3539	1	BFTEAM	00:05:59	10,02	00:48:40	01:35:51
7	1141	RODRIGO RICHARD JOAO	M4044	1	IAZA TRAIL RUNNING TEAM	00:06:01	9,98	00:48:23	01:36:10
8	1020	joahannes van iersel	M3539	2	BFTEAM	00:06:11	9,70	00:50:04	01:39:00
9	1094	LEANDRO BRAZ DE ALMEIDA	M3539	3	ACADEMIA AEROBICA	00:06:15	9,59	00:49:27	01:40:05
10	1117	LUCELIO DIAS	M4044	2	RIO SAÚDE	00:06:25	9,36	00:49:10	01:42:34
11	1093	GUILHERME PERONE RIGGO	M3034	1	ACADEMIA AEROBICA	00:06:25	9,34	00:49:30	01:42:47
12	1109	RAFAELL PEÇANHA ECARD CARVALHAES	M1824	1	MOVEMENTE	00:06:25	9,34	00:50:30	01:42:48
13	1070	GLAUCO AMARO SENA	M4549	1	TORRES TRAIL RUN	00:06:29	9,26	00:53:04	01:43:39
14	1197	JOSÉ CARLOS MARIANO DE CASTRO	M4549	2	NÃO TENHO	00:06:30	9,24	00:50:26	01:43:54
15	1190	LUIZ OCTÁVIO MACHADO DE ALMEIDA	M2529	1	ATP/CROSSFIT SERRA	00:06:31	9,21	00:51:27	01:44:13
16	1142	ALVARO CARDOSO SANTOS	M2529	2	SPEED	00:06:34	9,13	00:52:56	01:45:12
17	1156	FREDERICO CARNEIRO GARCEZ RUBINATO	M4044	3	ML MIX RUN	00:06:36	9,09	00:55:00	01:45:35
18	1079	EBENEZER DA SILVA MEDEIROS	M4549	3	JOTAEFE	00:06:47	8,85	00:52:29	01:48:25
19	1101	RAFAEL ALVES SIMPLICIO	M3034	2	CAMELBAK - TRIBUS	00:06:57	8,64	00:53:53	01:51:05
20	1116	RAFAEL CASSIANO DA SILVA PACHECO	M3034	3	L.A ASSESSORIA DE CORRIDA	00:07:03	8,51	00:53:13	01:52:50

21	1152	AMAURY DE FREITAS ALMEIDA	M3034	4	EZK TEAM	00:07:05	8,47	00:55:06	01:53:20
22	1092	ROBERTO ASTHINE CORREA	M5559	1	ACADEMIA AEROBICA	00:07:06	8,45	00:55:00	01:53:38
23	1124	SASCHA KALI	M4044	4	ML MIX RUN	00:07:10	8,37	00:58:14	01:54:40
24	1096	LUIZ PAULO GUIMARAES PORTELLA	M3539	4	ACADEMIA AEROBICA	00:07:11	8,36	00:56:18	01:54:49
25	1188	OTAVIO PEREIRA BARBOSA FILHO	M3539	5	NÃO TENHO	00:07:12	8,33	00:55:45	01:55:12
26	1069	ANTONIO MARCOS QUINTANILHA	M4044	5	TORRES TRAIL RUN	00:07:14	8,29	00:57:16	01:55:48
27	1120	TIAGO ROSSI SOEIRO	M4044	6	ML MIX RUN	00:07:16	8,26	00:57:32	01:56:12
28	1045	RICARDO MONTEIRO	M4549	4	VB RUNNERS	00:07:16	8,26	00:57:53	01:56:14
29	1095	FELIPE CARNEIRO MAGRANI MONTEIRO	M3034	5	ACADEMIA AEROBICA	00:07:22	8,15	00:59:27	01:57:47
30	1012	LUIZ CARLOS PENA COUTO	M4549	5	JOTAEFE	00:07:22	8,14	00:56:08	01:57:55
31	1003	ALEXANDRE DE CABRAL ALVES	M4044	7	VICIADOS EM CORRIDAS DE RUA	00:07:24	8,12	00:59:08	01:58:17
32	1164	FELIPE LINS GUARANA DAVIS	M4549	6	MOVIMENTO CRIATIVO	00:07:26	8,07	01:02:32	01:58:56
33	1200	CHRISTOFER MARTINS MIRANDA	M4549	7	(VAZIO)	00:07:29	8,02	00:57:30	01:59:39
34	1002	daniel campos castro	M3034	6	VICIADOS EM CORRIDAS DE RUA	00:07:30	8,00	01:00:38	01:59:56
35	1074	ANDRE LUIZ CORREA DOMINGOS	M3539	6	TORRES TRAIL RUN	00:07:35	7,91	00:56:30	02:01:22
36	1029	HUGO GONCALVES RAMOS	M3539	7	RUNNERS RIO ASSESSORIA ESPORTIVA	00:07:39	7,84	00:58:09	02:02:23
37	1195	ALCEMINIO MARTINS DE OLIVEIRA	M5054	1	MR FITNESS	00:07:40	7,83	01:00:06	02:02:34
38	1043	JOAO CARLOS SILVA BERNARDES	M3539	8	DIGA NÃO AS DROGAS	00:07:40	7,82	00:55:12	02:02:44
39	1171	CARLOS HENRIQUE ROCHA	M5054	2	ML MIX RUN	00:07:42	7,79	00:55:42	02:03:18
40	1016	BRUNO FERREIRA MITIDIERI CORTEZ	M3539	9	RUN TEAM FISIOMASTER	00:07:43	7,78	01:02:22	02:03:21
41	1157	VINICIUS MAGALHAES SALGUEIRO	M3034	7	FOX	00:07:56	7,57	01:02:10	02:06:50
42	1006	JOSE CARLOS DE SOUZA SANTOS JORGE	M5559	2	CAMELBAK OUTDOOR SPORTS	00:07:57	7,55	01:04:30	02:07:08
43	1194	RENATO LUIZ DE CASTRO JESUS	M4549	8	HÍBRIDO TFA	00:07:59	7,51	00:59:45	02:07:54
44	1056	SERGIO ELOI GOMES VASCONCELOS	M5054	3	PROSPORT	00:08:02	7,47	01:00:31	02:08:27
45	1102	LEANDRO ANGELO BRAGA	M4044	8	LUIZ BASTOS PERFORMANCE ESPORTIVA	00:08:11	7,33	00:59:06	02:11:01
46	1150	MARCOS FRAZAO	M3034	8	MP RUN	00:08:15	7,27	01:04:57	02:12:06
47	1026	THIAGO DA CUNHA E SOUZA	M3539	10	RUNNERS RIO ASSESSORIA ESPORTIVA	00:08:19	7,21	01:05:10	02:13:08

48	1032	FELIPE SIMOES	M1824	2	CORJA - CORREDORES DE JACAREPAGUÁ	00:08:20	7,20	01:00:46	02:13:21
49	1008	NILTON SIQUEIRA DA ROCHA JUNIOR	M4044	9	JOTAEFE	00:08:20	7,20	01:00:22	02:13:23
50	1138	RENATO PERROTTA DE SOUZA	M3034	9	SPEED	00:08:25	7,13	01:05:02	02:14:41
51	1187	TIAGO DE SOUZA COSTA	M2529	3	NÃO TENHO	00:08:29	7,07	01:05:02	02:15:44
52	1186	CAIO CESAR OLIVEIRA LIMA	M3034	10	NÃO TENHO	00:08:30	7,06	01:05:05	02:15:58
53	1005	CARLOS HENRIQUE LEMOS DOS SANTOS	M5054	4	AVULSO	00:08:30	7,05	00:59:27	02:16:06
54	1085	BERNARDO CAMARA	M3539	11	LABOFIT	00:08:34	7,01	01:01:26	02:17:00
55	1071	JOAO PASCOTO NETO	M5559	3	TORRES TRAIL RUN	00:08:38	6,95	01:07:08	02:18:08
56	1076	THIAGO MOREIRA PESSOA	M3034	11	TORRES TRAIL RUN	00:08:48	6,82	01:06:41	02:20:44
57	1108	GUSTAVO ABREU DE ALMEIDA	M4549	9	EQUIPE ZEUS	00:08:48	6,82	01:06:33	02:20:45
58	1185	GABRIEL MARTINS BECHI	M1824	3	NÃO TENHO	00:08:51	6,79	01:08:35	02:21:29
59	1007	KLAUS ALEXANDER RUPPELT	M5054	5	CAMELBAK OUTDOOR SPORTS	00:08:53	6,75	01:06:27	02:22:16
60	1209	DENILSON COELHO NEVES	M4549	10	SPEED	00:08:58	6,69	01:09:35	02:23:30
61	1075	WAGNER DE SOUZA BAHIA	M3539	12	RUN TEAM FISIOMASTER	00:09:08	6,57	01:09:00	02:26:04
62	1121	VICTOR VIANNA SALES	M3034	12	MOVEMENTE	00:09:09	6,56	01:07:01	02:26:21
63	1017	ODILON ADOLFO BRANCO DE SOUZA	M4549	11	RUN TEAM FISIOMASTER	00:09:16	6,48	01:09:03	02:28:14
64	1161	JORGE PAAULO DA SILVA JUNIOR	M3034	13	MOVEMENTE	00:09:19	6,44	01:09:04	02:29:09
65	1103	HERLON CARLOS SILVA DE ARAUJO	M4044	10	AVULSO	00:09:22	6,41	01:07:21	02:29:49
66	1154	ALMIR PEREIRA FERNANDES JR	M4549	12	VELOX	00:09:23	6,40	01:07:46	02:30:03
67	1027	EVANILDO ROCHA	M6099	1	RUNNERS RIO ASSESSORIA ESPORTIVA	00:09:23	6,39	01:11:53	02:30:12
68	1113	CRISTIANO MARTIGNONI PORTUGAL CUNHA	M4044	11	EQUIPEFOX	00:09:33	6,28	01:13:12	02:32:55
69	1178	EDUARDO MEDEIROS TEIXEIRA	M3539	13	NÃO TENHO	00:09:34	6,27	01:13:29	02:33:01
70	1162	RODRIGO AUGUSTO MARQUES BEZERRA REZENDE	M4044	12	MALU	00:09:36	6,26	01:12:52	02:33:28
71	1193	GABRIEL SILVA DIAS	M3539	14	NÃO TENHO	00:09:36	6,24	01:12:19	02:33:44
72	1033	VALTERSON FARIA DOS SANTOS	M4044	13	AVULSO	00:09:37	6,24	01:11:59	02:33:58
73	1059	WALTER JUNIOR	M4549	13	VB RUNNERS	00:09:41	6,19	01:12:33	02:35:02
74	1205	MAGDY BLASS SELMY	M3539	15	MÁRCIA ROSA RUNNERS	00:10:00	6,00	01:13:24	02:40:03

75	1030	LUIZ SAVIO DA CUNHA JUNIOR	M3539	16	SPEED	00:10:01	5,99	02:45:23	02:40:13
76	1213	FLAVIO SANTOS TOJAL DE ARAÚJO	M6099	2	SPEED	00:10:06	5,95	01:19:09	02:41:28
77	1184	PABLO CERQUEIRA PIMENTEL	M3539	17	NÃO TENHO	00:10:09	5,91	01:13:06	02:42:28
78	1179	FRANCISCO OSVALDO SOARES PESSOA	M5559	4	EQUIPE	00:10:19	5,82	01:13:13	02:44:59
79	1036	ALEXANDRE ROUGE	M4044	14	SPEED	00:10:21	5,79	01:20:09	02:45:41
80	1173	OLAVO CARVALHO	M5559	5	SPEED	00:10:22	5,79	01:12:19	02:45:54
81	1090	VLADIMIR LUIZ	M3539	18	MPRUN	00:10:22	5,79	01:14:44	02:45:56
82	1177	FREDERIKO OZANAN DE ASSIS	M5054	6	EQUIPE	00:10:29	5,72	01:07:55	02:47:50
83	1199	MARCELO BARAUNA CAMPOS	M5559	6	DESGARRADOS	00:10:40	5,62	01:19:34	02:50:42
84	1062	ERICK SAMPAIO DA SILVA	M4044	15	AG4 TREINAMENTO ESPORTIVO	00:10:42	5,60	01:19:06	02:51:19
85	1019	GREGORIO FELDMAN	M6099	3	VELOX	00:10:49	5,55	01:24:41	02:53:03
86	1060	RICARDO SILVEIRA	M4044	16	VB RUNNERS	00:10:49	5,54	01:16:31	02:53:10
87	1207	FELIPE CARVALHO SOARES	M2529	4	KAMIKAZES	00:10:51	5,53	01:22:06	02:53:28
88	1206	MARCIO AURÉLIO DE SOUZA SOARES	M5054	7	KAMIKAZES	00:11:00	5,45	01:22:01	02:56:06
89	1144	CARLOS JUNIOR VICTORINO MACHADO	M3539	19	ACTIONS RJ	00:11:10	5,37	01:15:39	02:58:44
90	1139	CARLOS ALBERTO SIQUEIRA DE SOUZA	M6099	4	NENHUMA ASSESSORIA	00:11:30	5,22	01:26:04	03:03:57
91	1169	PAULO ROBERTO BARREIROS NEVES	M5559	7	SPEED	00:11:33	5,20	01:22:16	03:04:41
92	1125	JORGE MARCOS JACOBINA DE ABREU	M5559	8	ML MIX RUN	00:11:36	5,17	01:18:09	03:05:36
93	1044	FERNANDO BERNARDO	M4549	14	VB RUNNERS	00:11:50	5,07	01:19:09	03:09:27
94	1010	FABIANO DA MOTTA SARNO	M3539	20	ACTION RJ	00:12:46	4,70	01:25:50	03:24:09
95	1023	JOSE CARLOS BARRETTO	M6099	5	VELOX	00:13:04	4,59	01:33:55	03:29:08
96	1168	MARCIO CARDOSO PEREIRA	M4044	17	AVULSO	00:14:04	4,27	01:33:02	03:45:04
97	1192	GUSTAVO CARVALHO	M4044	18	NÃO TENHO	00:15:46	3,80	01:46:09	04:12:19
98	1100	DARCIZO DE SOUZA	M6099	6	ASSESSORIA CRIS FRANÇA	00:18:37	3,22	01:50:42	04:57:50