

# 1º TREINÃO NATALINO

## Relatório Geral - 5 KM - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	170	SANDRO ALBERTO ARCANJO	M2534	-	SAA	00:03:33	16,92	00:17:44
2	192	VITOR HENRIQUE DOS SANTOS	M1524	-	SAA	00:03:44	16,09	00:18:39
3	169	RONALDO SALES GUEDES	M4554	-		00:03:46	15,94	00:18:49
4	20	CARLOS EDUARDO DE OLIVEIRA	M1524	-	SAA	00:03:47	15,83	00:18:57
5	85	JEFERSON TEODORO DOS SANTOS SILVA	M1524	-	IM3 TREINAMENTO ESPORTIVO	00:03:48	15,79	00:19:00
6	142	MAURICIO COSME DAMIAO	M3544	1	FABIANO LACERDA	00:03:48	15,79	00:19:00
7	16	ARMON RODRIGUES SILVA	M3544	2	FABIANO LACERDA	00:03:52	15,52	00:19:20
8	32	DAVI BRAGA	M4554	1	FABIANO LACERDA	00:03:56	15,25	00:19:40
9	106	LICIO GOMES XAVIER	M2534	1	SAA	00:03:59	15,06	00:19:55
10	114	LUIZ GUSTAVO DE SOUZA	M2534	2	FABIANO LACERDA	00:04:01	14,96	00:20:03
11	87	JOAO VITOR FERNANDES DE SOUZA	M1524	1	SAA	00:04:06	14,66	00:20:28
12	55	FABIANO NASCIMENTO	M3544	3	THE FLASH	00:04:07	14,60	00:20:33
13	21	JOSE GERALDO DUARTE	M4554	2		00:04:07	14,57	00:20:35
14	18	BRUNO CESAR DE OLIVEIRA	M2534	3		00:04:07	14,55	00:20:37
15	95	JOSE LINO	M5599	1		00:04:08	14,50	00:20:41
16	124	MARCIO ANTONIO RIBEIRO	M5599	2		00:04:10	14,39	00:20:51
17	57	FABRICIO TRINDADE ARANTES	M3544	4		00:04:13	14,25	00:21:03
18	150	OTAVIO PATRICIO COSTA	M3544	5		00:04:15	14,12	00:21:15
19	182	VAGNER JERONIMO DOS SANTOS	M2534	4	ALBATROZ	00:04:15	14,10	00:21:17
20	76	HUDSON EUSTAQUIO ALCANTARA	M2534	5		00:04:17	14,01	00:21:25
21	117	MAICON JUNIO DE OLIVEIRA	M1524	2		00:04:18	13,93	00:21:32
22	71	HERALDO LUCIO LINHARES	M1524	3	FABIANO LACERDA	00:04:20	13,87	00:21:38
23	4	ALESSANDRO ANTONIO BATISTA	M3544	6		00:04:21	13,81	00:21:43
24	54	FABIANO LACERDA	M2534	6	FABIANO LACERDA	00:04:21	13,78	00:21:46
25	62	Audirso Zito da Silva	M5599	3		00:04:22	13,74	00:21:50
26	97	JOSIMAR DO CARMO SOUZA	M2534	7		00:04:23	13,71	00:21:53
27	38	EDISON MARTINS QUINTAO	M4554	3	MOVIMENTO CATAS ALTAS	00:04:25	13,60	00:22:04
28	110	LUCAS FAGNER RAMOS	M1524	4		00:04:26	13,51	00:22:12
29	163	REGINALDO APARECIDO DA SILVA	M3544	7	FABIANO LACERDA	00:04:29	13,39	00:22:24
30	65	GERALDO GREGORIO DE SOUZA	M5599	4		00:04:30	13,35	00:22:28
31	7	ALFENIR SEBASTIAO MOREIRA	M3544	8		00:04:31	13,28	00:22:35
32	168	ROMULO DRUMOND DO CARMO	M2534	8	PAPA LEGUAS	00:04:32	13,25	00:22:38
33	6	ALEXANDRO RIBEIRO	M3544	9		00:04:34	13,12	00:22:52
34	127	MARCOS PAULO DIAS TOME	M1524	5	TANDER	00:04:34	13,12	00:22:52

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Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
35	166	ROBERTO ASSIS DE FREITAS	M5599	5		00:04:35	13,07	00:22:57
36	94	JOSE GERALDO MARTINS DA SILVA	M3544	10	SAA	00:04:36	13,06	00:22:58
37	162	REGINALDO ALVES RODRIGUES	M3544	11		00:04:37	13,02	00:23:03
38	193	VITOR REUEL DE PAULA ALVES	M1524	6		00:04:37	13,01	00:23:04
39	195	WESLEY HENRIQUE GONÇALVES	M3544	12	SAA	00:04:37	12,98	00:23:07
40	64	GEOVANE COELHO LOPES	M3544	13		00:04:42	12,78	00:23:29
41	17	ARTHUR NUNES GRIPE	M1524	7	MOVIMENTO CATAS ALTAS	00:04:42	12,77	00:23:30
42	144	MOISES ANTONIO DOMINGUES	M2534	9	FABIANO LACERDA	00:04:42	12,77	00:23:30
43	173	SIDNEI CARLOS DE SOUZA	M4554	4	SAA	00:04:42	12,75	00:23:32
44	70	GLADSTON HENRIQUE PEREIRA DE FREITAS	M2534	10	SAA	00:04:43	12,74	00:23:33
45	93	JOSE CARLOS MARTINS	M4554	5	EQUILIBRIO RUNNING	00:04:43	12,72	00:23:35
46	92	JOSE APARECIDO BORGES	M3544	14	SAA	00:04:49	12,45	00:24:06
47	58	FELIPE PEREIRA DE QUEIROZ	M2534	11	EQUILIBRIO RUNNING	00:04:58	12,06	00:24:52
48	39	EDMAR DE SOUZA BORGES	M4554	6	SAA	00:04:59	12,04	00:24:55
49	66	GERALDO LAGARES	M4554	7		00:04:59	12,01	00:24:59
50	167	ROGERIO RODRIGUES ALVES	M4554	8		00:05:01	11,96	00:25:05
51	156	PAULO SERGIO DE OLIVEIRA	M3544	15	SAA	00:05:03	11,90	00:25:13
52	118	Cristiano Rodrigues da Silva	M3544	16		00:05:03	11,89	00:25:14
53	96	JOSIAS GEOVANE CLAUDINO	M2534	12		00:05:03	11,88	00:25:15
54	73	HIGOR ALBERTO DE OLIVEIRA	M1524	8		00:05:08	11,70	00:25:39
55	126	MATHEUS BASTOS CARVALHO LAMEGO	M0014	1		00:05:12	11,53	00:26:01
56	75	HIGOR HENRIQUE PONTES	M1524	9		00:05:13	11,49	00:26:07
57	155	PAULO CESAR PINTO	M4554	9	SAA	00:05:15	11,43	00:26:15
58	22	CARLOS RICHARDSON DA SILVA	M3544	17	SAA	00:05:16	11,38	00:26:22
59	164	RENATO SILVESTRE MOTA	M2534	13	JF	00:05:20	11,24	00:26:42
60	68	GILMAR HERIBERTO DE CARVALHO	M4554	10	SAA	00:05:21	11,21	00:26:45
61	143	MAURICIO FRANCIS GONÇALVES RIBEIRO	M2534	14	JF	00:05:23	11,14	00:26:56
62	40	EDMAR JULIO FERREIRA	M1524	10	GUERREIROS DAS MONTANHAS	00:05:24	11,10	00:27:01
63	122	MARCELO HENRIQUE ROLA GOMES	M3544	18		00:05:26	11,06	00:27:08
64	190	VICTOR HUGO SOARES SILVA	M1524	11	GUERREIROS DAS MONTANHAS	00:05:26	11,03	00:27:12
65	69	GILSON APARECIDO DE JESUS	M4554	11		00:05:29	10,94	00:27:25
66	128	MARCOS RAFAEL FELISBERTO SANTOS	M0014	2	MOVIMENTO CATAS ALTAS	00:05:34	10,79	00:27:48
67	194	WANDERLEI DE OLIVEIRA QUEIROZ	M4554	12		00:05:35	10,76	00:27:53
68	125	MARCO AURELIO FREITAS DE SUZA	M2534	15	JF	00:05:41	10,54	00:28:27

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Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
69	41	EDUARDO ALVES DE SÃO JOSE	M3544	19	EQUILIBRIO RUNNING	00:05:43	10,49	00:28:36
70	77	ROGERIO ALVES	M4554	13		00:05:50	10,27	00:29:12
71	74	HIGOR AUGUSTO VIEIRA	M2534	16		00:06:01	9,96	00:30:07
72	111	LUCAS PEDRO MARTINS	M0014	3	MOVIMENTE CATAS ALTAS	00:06:07	9,82	00:30:33
73	48	ENTONY MYCKAEL MACHADO	M1524	12		00:06:11	9,70	00:30:55
74	189	VICENTE LEOMAR LANA	M5599	6	MOVIMENTE CATAS ALTAS	00:06:11	9,69	00:30:57
75	1	ADMILSON JOSE BORGES	M4554	14	MOVIMENTE CATAS ALTAS	00:06:21	9,44	00:31:46
76	14	ANTONIO ABDO JUNIOR	M4554	15	EQUILIBRIO RUNNING	00:06:22	9,43	00:31:49
77	176	SILVIO ANTONIO L SILVA	M5599	7		00:06:37	9,06	00:33:07
78	141	MATHEUS SILVA CAMPOS FERREIRA	M2534	17	SAA	00:06:39	9,02	00:33:16
79	5	ALEXANDRE MARQUES DA SILVA	M3544	20	SAA	00:06:52	8,75	00:34:18
80	28	CLAUDIO ROBERTO DE OLIVEIRA	M3544	21	SEU STYLO	00:07:18	8,22	00:36:29
81	91	JOSE ANTONIO SILVA VIEIRA	M4554	16	SAA	00:07:59	7,52	00:39:55
82	35	JORDY BRAGA	M2534	18		00:08:29	7,07	00:42:27
83	188	GERALDO ELIAS LACERDA	M4554	17	FABIANO LACERDA	00:09:14	6,50	00:46:09
84	43	ELDAIR OLIVEIRA	M4554	18	TUNDER	00:09:30	6,32	00:47:30
85	183	VALDECI MACHADO	M4554	19	FABIANO LACERDA	00:09:31	6,30	00:47:37
86	80	JAILTON ALVES	M5599	8	CICLOSPORTS	00:09:54	6,06	00:49:28
87	116	MAICON JULIAO VIEGAS	M0014	4		00:10:42	5,61	00:53:31
88	56	FABRICIO JACO SENA E SILVA	M3544	22		00:10:57	5,48	00:54:44
89	67	GERALDO MARGARIDA VIEIRA	M5599	9	MOVIMENTE CATAS ALTAS	00:11:59	5,00	00:59:57