

CORRIDA PROECHO VIVA A VIDA

Relatório Geral - 05 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	5097	VANESSA CERQUEIRA PASKO BUONORA	F3140	-	RAFINHA RUNNING	00:04:46	12,57	00:23:52
2	5085	CARLA GUIMARÃES DE MELO MOURA	F3140	-	FF SPORTS	00:05:02	11,94	00:25:08
3	5058	SEFORA PEREIRA	F3140	-	LOBOS ADVENTURE	00:05:14	11,45	00:26:12
4	5039	KELLEN SKURY FARIA MAIA	F4150	-	TORRES TRAIL	00:05:16	11,39	00:26:21
5	5123	ROBERTA RANGEL DE ARAÚJO SÁ FARIAS	F3140	-		00:05:20	11,26	00:26:39
6	5023	THAISA SANTIAGO GASPAROTO	F0030	1	PRVT	00:05:46	10,42	00:28:48
7	5079	ANA LUCIA DA CRUZ	F5160	1	RUNNING FREE - SG	00:05:57	10,10	00:29:43
8	5122	RAYNA SILVA CARDOSO	F3140	1		00:05:57	10,08	00:29:45
9	5016	ANDREIA VIEIRA DA SILVA	F3140	2		00:06:05	9,86	00:30:25
10	5127	VÂNIA ALVES QUIRINO	F3140	3	TORRES TRAIL RUN	00:06:10	9,72	00:30:51
11	5035	IVIA GONCALVES SANTOS DA SILVEIRA	F5160	2		00:06:46	8,87	00:33:50
12	5003	NATHALIA CAMPOS FERREIRA	F3140	4		00:06:47	8,84	00:33:57
13	5011	GISELE MESQUITA DE SOUZA	F3140	5		00:06:50	8,79	00:34:08
14	5014	RAIANE AMARAL GOMES WALDHELM	F4150	1		00:06:51	8,77	00:34:13
15	5099	JACIRA KOPPK DA SILVA	F6199	1		00:06:53	8,72	00:34:24
16	5110	MARIA JOSÉ DA SILVA BARBOSA	F4150	2		00:06:53	8,71	00:34:26
17	5156	VALERIA VILETE PIRES	F3140	6		00:06:56	8,66	00:34:39
18	5006	ROSE BAL	F3140	7	VASCONCELOS	00:07:04	8,49	00:35:20
19	5033	FATIMA SEABRA ESCANHO	F5160	3		00:07:09	8,40	00:35:44
20	5125	ELISANGELA VAZ FREITAS	F4150	3		00:07:20	8,18	00:36:41
21	5091	PAOLLA ALVES VIEIRA	F3140	8		00:07:24	8,11	00:36:59
22	5063	CLAUDIA SOUZA DRUMOND	F4150	4	TEAM ANDRÉ	00:07:27	8,05	00:37:16
23	5017	STELAMARIS CHAVES INTORNE	F3140	9		00:07:31	7,99	00:37:34
24	5102	ALICE DE ABREU OLIVEIRA	F5160	4		00:07:35	7,92	00:37:54
25	5086	VIVIANE DA SILVA GOMES	F4150	5	FF SPORTS	00:07:38	7,87	00:38:08
26	5121	ADRIANA BARCELLOS DE SOUZA	F3140	10		00:07:39	7,85	00:38:14
27	5081	CAMILA CARNEIRO MARINO	F3140	11		00:07:42	7,80	00:38:29
28	5101	JANDYRA DE ABREU OLIVEIRA	F6199	2		00:07:42	7,79	00:38:30
29	5037	RAPHAELA CRISTINA RODRIGUES C NASCIMENTO	F3140	12	ÍCARO SILVA	00:07:44	7,77	00:38:38
30	5096	FÁTIMA CRISTINA NASSIF COSTA	F5160	5		00:07:44	7,76	00:38:40
31	5107	REJANE GOMES DO NASCIMENTO	F3140	13		00:07:46	7,72	00:38:52
32	5109	JAMAICAN MAGALHÃES	F3140	14		00:07:47	7,72	00:38:53
33	5046	ELIZABETH TAVARES MARTINS	F0030	2		00:07:47	7,70	00:38:57
34	5045	LUCIENE PATRICIA BASTIERI	F4150	6		00:07:48	7,70	00:38:59

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35	5002	VALERIA TEODORIO MOREIRA	F4150	7		00:07:49	7,68	00:39:03
36	5076	JHENNIFFER VALENTIN	F3140	15	YAMAGATA	00:07:53	7,61	00:39:26
37	5093	ANA LETICIA PASCOTO DA SILVEIRA	F0030	3	TORRES	00:07:54	7,60	00:39:29
38	5038	HELOISA PEREIRA MOURA	F0030	4		00:07:56	7,57	00:39:38
39	5062	SIMONE SOUZA DRUMOND	F4150	8	TEAM ANDRÉ	00:07:57	7,54	00:39:46
40	5126	ISIS ALMEIDA ALVES	F4150	9	TORRES TRAIL RUN	00:07:58	7,53	00:39:50
41	5113	CRISTIANE DOS SANTOS LESSA	F3140	16		00:08:03	7,45	00:40:16
42	5005	REGINA BUENO DE ALMEIDA ALVES	F5160	6		00:08:07	7,39	00:40:37
43	5057	ROBERTA DOS SANTOS CARDOSO	F3140	17	GUARDA CIVIL MUNICIPAL DE NITEROI	00:08:13	7,31	00:41:04
44	5056	JOCESYRES CESAR DA SILVA PIRES	F4150	10	GUARDA CIVIL MUNICIPAL DE NITEROI	00:08:13	7,30	00:41:05
45	5020	ANGELA DOS REIS CARDIM	F4150	11		00:08:20	7,21	00:41:38
46	5105	SOLANGE VICENTE DA SILVA	F4150	12		00:08:22	7,17	00:41:49
47	5047	VALERIA MONTEIRO ALVES DE SIQUEIRA	F5160	7		00:08:37	6,96	00:43:06
48	5054	GISELE BELO BARRETO SERRA	F3140	18	SPEED	00:08:39	6,93	00:43:16
49	5053	CELINA SILVA DE SOUZA	F6199	3		00:08:48	6,82	00:43:59
50	5001	JAQUE RIBEIRO	F4150	13		00:08:59	6,68	00:44:55
51	5055	MARIA CRISTINA DO VALLE FREITAS SERRA	F6199	4	SPEED	00:09:12	6,52	00:46:02
52	5167	MARLY ANITA REZENDE BALDAS	F3140	19	SPEED	00:09:24	6,39	00:46:58
53	5018	JANE DE FARIA PONTES	F6199	5	ESPAÇO PERSONAL	00:09:53	6,07	00:49:27
54	5134	LUIZA LAMBRANHO DOS SANTOS	F0030	5		00:10:06	5,94	00:50:30
55	5095	FRIDA NUNES NEVES	F6199	6		00:10:39	5,64	00:53:13
56	5119	LUCIANA RIBEIRO DE LIMA CAMARA	F4150	14		00:10:59	5,46	00:54:58
57	5162	CLAUDIA REGINA A DE A CASTRO GARCIA	F5160	8		00:11:05	5,42	00:55:24
58	5028	PATRICIA DODSWORTH PENNA	F3140	20	SPEED	00:11:33	5,19	00:57:46
59	5041	ELAINE FORTES COSTA SANTANNA	F4150	15	SPEED	00:11:33	5,19	00:57:46
60	5050	GISELE FORTES COSTA	F3140	21	SPEED	00:11:33	5,19	00:57:47
61	5129	MARILENA DOS SANTOS COSTA LEANDRO	F5160	9	SPEED	00:11:33	5,19	00:57:47
62	5025	MAURALICE DOS SANTOS MARINHO	F5160	10	SPEED	00:11:34	5,19	00:57:48
63	5026	GABRIELLE SOUTO MAIOR	F3140	22	SPEED	00:11:34	5,19	00:57:48
64	5088	LILIAN VALE DE ALMEIDA RAMOS	F3140	23		00:13:42	4,38	01:08:30

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