

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	1092	CLAUDIANE COELHO DE SALES	F3039	-	AMACORR	00:04:12	14,27	00:21:01
2	1334	LETICIA LOPES BERNARDO	F2029	-	BOACHA	00:04:25	13,57	00:22:06
3	1198	ANDRESSA CARLA DOS REIS	F2029	-	IC ESPORTE E SAUDE	00:04:33	13,20	00:22:44
4	1062	BRUNA STHEFANY GOMES	F2029	1	BOACHA	00:04:38	12,97	00:23:08
5	1014	ALESSANDRA APARECIDA NEVES DA SILVA MATOS	F3039	1	BOACHA	00:04:39	12,89	00:23:16
6	1360	LUCIMAR SILVA JOANA	F4049	1		00:04:41	12,82	00:23:24
7	1030	ANA FLAVIA GOMES TEIXEIRA	F1019	1		00:04:42	12,78	00:23:28
8	1598	VERAL LUCIA DA SILVA ALVES FRANCISCA	F4049	2		00:04:42	12,78	00:23:28
9	1061	BRUNA SILVA BARBOSA	F2029	2		00:04:43	12,73	00:23:34
10	1084	CÉLIA DE FÁTIMA GOMES DE REZENDE BITENCOURT	F4049	3	BOACHA	00:04:46	12,57	00:23:52
11	1569	THAÍS GONÇALVES DO NASCIMENTO	F2029	3	HÉLIO FERREIRA-CARATINGA	00:04:47	12,54	00:23:55
12	1639	MARILÉIA ROCHA EZEQUIEL	F4049	4		00:04:54	12,24	00:24:31
13	1576	THASSYLA KARYNY PINHEIRO RIBEIRO	F2029	4	IMBÉ RUNNER	00:04:55	12,20	00:24:36
14	1031	ANA LAURA DE OLIVEIRA	F5059	1	AMACORR	00:04:57	12,12	00:24:45
15	1091	CLAUDIA MARIA DOS SANTOS DINIZ	F4049	5		00:04:58	12,07	00:24:51
16	1104	CRISTIANY DO NASCIMENTO DORNELAS BARROS	F3039	2	HÉLIO FERREIRA	00:05:00	12,00	00:25:00
17	1517	RONILDA MARTA DE SENA DO NASCIMENTO	F4049	6	HÉLIO FERREIRA	00:05:01	11,97	00:25:04
18	1588	VALERIA DOMINGOS RIBEIRO BASTOS	F4049	7	IC ESPORTE E SAUDE	00:05:02	11,94	00:25:08
19	1159	ELINA JESUS AZEVEDO	F3039	3	OLIMPUS	00:05:04	11,85	00:25:19
20	1483	RAQUEL RODRIGUES DA SILVA LACERDA	F3039	4	AMACORR	00:05:06	11,75	00:25:32
21	1372	MÁRCIA REGINA RISSETO	F5059	2	LUIZ SOUZA	00:05:07	11,73	00:25:35
22	1149	ELAINE CRISTINA DIAS	F3039	5	BODY SPORT	00:05:07	11,72	00:25:36
23	1184	FABRÍCIA DA SILVA LUIZ	F3039	6	OLIMPUS ACADEMIA	00:05:08	11,67	00:25:42
24	1337	LILIAN VIEIRA CHIABI	F5059	3		00:05:11	11,59	00:25:53
25	1196	FRAN ARAÚJO	F5059	4	BODYSPOET	00:05:12	11,55	00:25:58
26	1348	LUCIA HELENA VILELA GOMES	F5059	5	SOL	00:05:13	11,49	00:26:06
27	1261	JAEL ALEXANDRE SILVA	F2029	5		00:05:16	11,41	00:26:18
28	1443	NATÁLIA ALMEIDA DA SILVEIRA	F3039	7	ESPORTE CLUBE CARATINGA	00:05:16	11,39	00:26:20
29	1409	MARINA DA SILVA OLIVEIRA	F3039	8	ESPACO FITNES	00:05:16	11,38	00:26:22
30	1223	GISLAINE SOARES FERREIRA DIAS	F3039	9	ELITE JP	00:05:18	11,31	00:26:31
31	1321	LAILA VIEIRA PINTO ANTUNES	F4049	8	HÉLIO FERREIRA	00:05:19	11,30	00:26:33
32	1235	HELLEN CHIRLEY DE OLIVEIRA	F3039	10	ROCKSPORT	00:05:21	11,21	00:26:45

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
33	1025	ALINE GONCALVES PEREIRA	F2029	6	HÉLIO FERREIRA-CARATINGA	00:05:22	11,17	00:26:51
34	1470	POLIANA MIRANDA ROBERTO	F3039	11	OLIMPUS ACADEMIA	00:05:24	11,12	00:26:59
35	1563	TATIANA DA SILVA SANTOS ABRANGES	F3039	12	STUDIO FITNESS ACADEMIA	00:05:25	11,07	00:27:06
36	1114	DANIELA FERREIRA BATISTA	F1019	2		00:05:26	11,03	00:27:12
37	1551	MONIQUE ARANTES	F2029	7	RENEGADOS	00:05:27	11,00	00:27:16
38	1606	VITORIA DE FARIA TEIXEIRA	F1019	3	ELITE JP	00:05:27	11,00	00:27:17
39	1646	SAMIRA DE SALES REZENDE	F3039	13		00:05:28	10,98	00:27:19
40	1644	NEIDE TEIXEIRA DE ASSIS	F4049	9		00:05:28	10,98	00:27:20
41	1641	CAROLINA MIRANDA	F3039	14		00:05:28	10,96	00:27:22
42	1017	ALEXANDRA FERNANDES LOPES DA SILVA	F3039	15	SIMOV	00:05:29	10,96	00:27:23
43	1431	MIRENE GONÇALVES DE ALMEIDA	F4049	10	ÁGUA SANTA	00:05:29	10,94	00:27:25
44	1367	MAÍRA VITÓRIA ANDRADE FERREIRA DA SILVA	F1019	4		00:05:30	10,90	00:27:32
45	1391	MARIA DAS GRAÇAS LOPES DA ROCHA	F5059	6	AMACORR	00:05:32	10,85	00:27:39
46	1399	MARIA MINERVINA RODRIGUES	F4049	11	CORRERAUL	00:05:34	10,78	00:27:49
47	1408	MARILIA ANDRADE PONTES	F2029	8	IC ESPORTE E SAUDE	00:05:34	10,77	00:27:51
48	1558	TAINARA ALVES DE OLIVEIRA	F3039	16	IC ESPORTE E SAUDE	00:05:35	10,74	00:27:56
49	1090	CLAUDIA ALMEIDA DA SILVEIRA	F3039	17		00:05:36	10,71	00:28:00
50	1571	THAIS RAYANE ALVES PIMENTEL	F2029	9	AMACORR	00:05:36	10,71	00:28:00
51	1529	RUTE RAMOS MARCOLINO LOPES	F2029	10	UNIUBE	00:05:38	10,66	00:28:09
52	1074	CAMILLA DE SOUZA MENDES	F1019	5	STUDIO FITNESS ACADEMIA	00:05:38	10,65	00:28:10
53	1088	CINTHIA DE SOUZA BENEDITO	F2029	11	CLÍNICA PERSONAL	00:05:39	10,62	00:28:15
54	1225	GIZELLE GRACIANA DA CRUZ	F3039	18		00:05:40	10,58	00:28:21
55	1520	ROSANE GONÇALVES DE ALVARENGA	F4049	12	ACADEMIA VIDA E SAÚDE	00:05:41	10,55	00:28:26
56	1148	EGLA DE CARVALHO ARANTES	F5059	7	ACADEMIA CORPO E MENTE	00:05:43	10,48	00:28:37
57	1318	KENNYA DE SOUZA PEREIRA	F2029	12		00:05:45	10,44	00:28:44
58	1126	DEBORA REGINA PEREIRA	F4049	13	GIRLS RUN	00:05:47	10,38	00:28:54
59	1374	MARCIA XAVIER DE ASSIS	F5059	8	BODY SPORT	00:05:47	10,38	00:28:54
60	1627	FERNANDA GOMES	F3039	19	ROCK SPORT	00:05:47	10,37	00:28:56
61	1308	JULYENNE	F2029	13		00:05:47	10,36	00:28:57
62	1425	MICHELE TEIXEIRA LIMA ARAUJO	F2029	14	PERSONAL ARTHUR	00:05:48	10,34	00:29:00
63	1453	NEUSA MARIA SOARES SILVA	F5059	9	IC ESPORTE E SAUDE	00:05:48	10,33	00:29:02
64	1545	SILVANIA MAIA DUTRA	F4049	14	AMACORR	00:05:49	10,33	00:29:03
65	1540	SELISVANE RIBEIRO DA FONSECA DOMINGOS	F4049	15		00:05:50	10,27	00:29:12
66	1115	DANIELA LACERDA NOVAIS	F1019	6	MOVEMENT STUDIO	00:05:51	10,27	00:29:13

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
67	1388	MARIA APARECIDA GOMES CORREA	F4049	16		00:05:51	10,24	00:29:17
68	1461	PATRÍCIA SILVEIRA DE OLIVEIRA PORTO	F4049	17	BODYSPOET ACADEMIA	00:05:52	10,24	00:29:18
69	1401	MARIA SOCORRO DA SILVEIRA	F5059	10	IC ESPORTE E SAUDE	00:05:52	10,23	00:29:19
70	1105	CRISTINA	F3039	20		00:05:53	10,19	00:29:26
71	1222	GISLAINE SAVIA CORREA SOUZA	F3039	21		00:05:54	10,18	00:29:29
72	1016	ALESSANDRA SILVA VALENTE MOREIRA ROCHA	F5059	11	BODYSPOET	00:05:55	10,15	00:29:34
73	1484	REGINA APARECIDA MARQUES	F3039	22	HÉLIO FERREIRA - CARATINGA	00:05:55	10,13	00:29:37
74	1009	ALANA MAGALHÃES CAPELLA	F3039	23	LOUCOS POR TRILHAS	00:05:56	10,11	00:29:40
75	1264	JAQUELINE DE OLIVEIRA SILVA	F2029	15	MARTINS SOARES RUNNING	00:05:56	10,11	00:29:41
76	1455	NÚBIA GOMES DE PAULA DORNELAS	F3039	24		00:05:57	10,08	00:29:45
77	1390	MARIA CONCEBIDA PRATA DE SOUZA	F5059	12	SIMOV	00:05:57	10,08	00:29:46
78	1304	JULIANA MOTA BATISTA	F3039	25	MUNDO FITNESS	00:05:58	10,06	00:29:49
79	1309	JÚNIA MARIUSA DOS SANTOS SILVEIRA	F4049	18	OLYMPUS ACADEMIA	00:05:58	10,06	00:29:49
80	1385	MARIA ANGÉLICA GUEDES MALTA	F2029	16	OLIMPUS ACADEMIA	00:05:58	10,06	00:29:50
81	1488	RENATA CRISTINA VIEIRA HUEBRA	F3039	26	MARTINS SOARES RUNNING	00:05:59	10,02	00:29:56
82	1047	ANGELA MARIA EUSEBIO	F5059	13	ACADEMIA JR FITNESS	00:05:59	10,01	00:29:59
83	1454	NIVIA MARIA SOARES DA SILVA	F2029	17	IMBE RUNNER	00:06:00	10,00	00:30:00
84	1575	THAMIRES DE SOUSA SOARES	F3039	27	KORPPORE	00:06:00	9,99	00:30:02
85	1015	ALESSANDRA MARIA SOARES RAMOS	F3039	28	HÉLIO FERREIRA	00:06:02	9,95	00:30:09
86	1323	LAIZ CRISTINA OLIVEIRA MENDES SILVA	F2029	18	STUDIO FITNESS ACADEMIA	00:06:02	9,94	00:30:10
87	1116	DANIELA SOARES DE SOUZA	F3039	29	CLÍNICA PERSONAL	00:06:02	9,94	00:30:11
88	1197	FRANCIELE TEODORO	F2029	19	ACADEMIA SALUS	00:06:03	9,92	00:30:15
89	1473	PRISCILA MAGESTES CAMPOS	F3039	30	OLIMPUS ACADEMIA	00:06:03	9,92	00:30:15
90	1411	MARINA RIBEIRO FERNANDES	F2029	20		00:06:04	9,88	00:30:22
91	1328	LAYS FOLY RODRIGUES MAIMONI	F3039	31	ASSESSORIA ANDRE LIMA	00:06:06	9,84	00:30:29
92	1312	KARINE VIEIRA DE OLIVEIRA	F3039	32	ASSESSORIA ANDRE LIMA	00:06:06	9,84	00:30:30
93	1189	FERNANDA BORGES GUILHERME DE CARVALHO	F4049	19	BODY SPORT	00:06:06	9,83	00:30:32
94	1305	JULIANA OLIVEIRA	F3039	33		00:06:06	9,83	00:30:32
95	1200	FUVIA MARA MARQUES BISPO	F3039	34	STRONG BOX	00:06:07	9,80	00:30:37
96	1313	KATIA FERREIRA DE SOUZA SA	F3039	35	AGUA SANTA	00:06:07	9,80	00:30:37
97	1162	ELIZA FERREIRA DE OLIVEIRA	F3039	36		00:06:08	9,79	00:30:39
98	1211	GIANE MARIA PEIXOTO SILVA	F4049	20	IMBÉ RUNERS	00:06:09	9,77	00:30:43
99	1208	GERALDA RODRIGUES	F6099	1	BODYSPOET	00:06:10	9,72	00:30:51

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
100	1083	CATARINA OLIVEIRA	F2029	21	RODRIGO PERSONAL	00:06:10	9,72	00:30:52
101	1387	MARIA APARECIDA DOS REIS	F5059	14	OLIMPIUS ACADEMIA	00:06:12	9,69	00:30:58
102	1487	RENATA CRISTINA CAMPOS PEREIRA MENDONÇA	F5059	15	BODYSPO	00:06:13	9,66	00:31:03
103	1604	VIRGINIA JUNQUEIRA	F2029	22	JULIMARA SOARES	00:06:13	9,66	00:31:03
104	1106	CUSTODIA MARGARIDA DE SOUZA	F4049	21		00:06:13	9,64	00:31:07
105	1140	DRIELE APARECIDA DOS REIS	F3039	37	OLIMPIUS ACADEMIA	00:06:14	9,63	00:31:09
106	1155	ELIANE LANA	F4049	22	BODY SPORT	00:06:14	9,63	00:31:09
107	1132	DHARA LUYSA DE LIMA CELESTE	F2029	23		00:06:16	9,57	00:31:20
108	1405	MARIANA DE ANDRADE RETTORE BARBOZA	F3039	38	CHEGAR SEMPRE	00:06:16	9,56	00:31:22
109	1150	ELAINE MARIA PEREIRA CAMPOS ANDRAO	F4049	23	ESPORTE CLUBE CARATINGA	00:06:17	9,55	00:31:24
110	1004	ADNALVA GOMES DA SILVA	F3039	39		00:06:17	9,54	00:31:26
111	1213	GILDA DE LURDES GOMES SOARES	F4049	24		00:06:18	9,53	00:31:28
112	1480	RAPHAELLA MARQUES DE LIMA CLABER	F3039	40	MAYCRA	00:06:18	9,52	00:31:31
113	1526	ROSILEILA FRANCO DA SILVA MATOS	F3039	41	ÁGUA SANTA	00:06:19	9,51	00:31:33
114	1070	CAMILA RAMOS	F2029	24		00:06:19	9,50	00:31:34
115	1623	ANGELA DE ALMEIDA TOLEDO	F3039	42	NATALIA TIOLA	00:06:20	9,48	00:31:39
116	1082	CASSIANA PIRES DUARTE LIMA	F4049	25	BODYSPO	00:06:22	9,43	00:31:48
117	1256	IVONE DE ARAÚJO RIBEIRO MOREIRA	F5059	16	BODY SPORT	00:06:22	9,42	00:31:50
118	1570	THAÍS MACHADO DE ANDRADE	F4049	26	BODY SOPRT	00:06:22	9,42	00:31:50
119	1320	LAILA DE ALMEIDA BRAGA LAUAR	F2029	25	MAYCRA	00:06:22	9,42	00:31:51
120	1068	CAMILA CORREA CORTES	F2029	26	MAYCRA	00:06:22	9,41	00:31:52
121	1151	ELAINE MEDINA DIAS DO NASCIMENTO	F3039	43	UNIUBE	00:06:24	9,38	00:31:58
122	1459	PATRÍCIA LARA GOMES GUIMARÃES	F4049	27	BODYSPO	00:06:24	9,37	00:32:01
123	1574	THAMARA BRUNA PAIVA DIAS	F3039	44	CORE STUDIO	00:06:25	9,36	00:32:04
124	1407	MARILDA BENTO DE OLIVEIRA MEDEIROS	F5059	17	AMACORR	00:06:25	9,35	00:32:06
125	1552	SIRLEI DE SALES GONÇALVES	F4049	28	AMACORR	00:06:25	9,35	00:32:06
126	1490	RENATA GOMES ALVES	F4049	29	BODYSPO	00:06:26	9,33	00:32:10
127	1472	PRISCILA LOPES DA CUNHA SOARES TEIXEIR	F3039	45	STRONG BOX CARATINGA	00:06:26	9,32	00:32:11
128	1537	SANDRA SILVA CORRÊA CÔRTE	F5059	18	MAYCRA	00:06:27	9,31	00:32:14
129	647	LISSANDRA	F3039	46	ENDONUTHREE/BODYSPORT	00:06:27	9,30	00:32:15
130	1046	ANGELA ARAUJO GOMES	F5059	19	BODY SPORT	00:06:28	9,28	00:32:19
131	1011	ALESSANDRA ALVES BARBOSA	F4049	30	B201	00:06:28	9,27	00:32:22
132	1632	JOELMA RECLA	F5059	20	AMACOR	00:06:29	9,26	00:32:24
133	1444	NATALIA TIOLA DA SILVA	F3039	47	DELIVERY MUCH	00:06:30	9,23	00:32:30

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
134	1351	LUCIANA FRAGA ZOPELAR GONÇALVES	F4049	31	BODYSPOORT	00:06:32	9,19	00:32:39
135	1462	PATRÍCIA VASCONCELLOS DE MORAIS BELTRÃO	F4049	32		00:06:32	9,18	00:32:40
136	1122	DAYANE CRISTINA DE AZEVEDO	F2029	27		00:06:32	9,18	00:32:41
137	1302	JULIANA APARECIDA RIBEIRO QUEIROZ	F2029	28		00:06:32	9,17	00:32:42
138	1471	POLYANA ALMEIDA DE CAMARGO	F3039	48		00:06:33	9,15	00:32:47
139	1518	ROSA DE FÁTIMA DA COSTA BAIÁ	F5059	21	SIMOV	00:06:33	9,15	00:32:47
140	1130	DENISE CRISTINA DE MATOS	F3039	49	OLYMPUS ACADEMIA	00:06:34	9,14	00:32:50
141	1396	MARIA ELIZANGELA DE OLIVEIRA ALMEIDA	F2029	29		00:06:34	9,13	00:32:51
142	1219	GISEIDE FERNANDES CORREA	F6099	2	ACESSORIA ANDRE LIMA	00:06:35	9,10	00:32:57
143	1386	MARIA APARECIDA DA SILVA ANDRADE	F5059	22	IC ESPORTE E SAUDE	00:06:37	9,06	00:33:06
144	1048	ANGELISA FERREIRA SILVA	F3039	50		00:06:38	9,05	00:33:09
145	1134	DILMA VIEIRA ANGELO	F5059	23	BODYSPOORT	00:06:38	9,04	00:33:11
146	1536	SANDRA RODRIGUES DA SILVA	F4049	33		00:06:38	9,04	00:33:11
147	1073	CAMILLA CRISTHINA FERREIRA CARRARO	F3039	51	BODYSPOORT/PREFEITUR AMUNICIPALCARATINGA	00:06:39	9,03	00:33:13
148	1245	IRACEMA BATISTA DE OLIVEIRA DIAS	F5059	24	GIRLS RUN	00:06:39	9,03	00:33:13
149	541	CLAYNE ALVES GOMES FERREIRA	F3039	52	BODYSPOORT	00:06:39	9,02	00:33:16
150	1652	YSADORA RIBEIRO PIO DOS SANTOS	F1019	7	AMACOR	00:06:39	9,02	00:33:16
151	1426	MICHELLE ASSIS COSTA MOREIRA	F4049	34		00:06:40	9,01	00:33:18
152	1447	NATHÁLIA COELHO DE SALES	F1019	8	AMACORR	00:06:40	9,00	00:33:19
153	1169	EMÍLIA ANDRADE SOBRINHO	F3039	53	BODYSPOORT	00:06:41	8,98	00:33:25
154	1108	DAGMAR CALAIS DE SA	F5059	25	ROCKSPORT	00:06:41	8,97	00:33:27
155	1398	MARIA MADALENA DE SOUZA	F5059	26	ROCKSPORT	00:06:42	8,96	00:33:28
156	1173	ENI APARECIDA P DE BRITO	F6099	3	CORE STUDIO	00:06:42	8,95	00:33:32
157	1250	ISABEL HERINGER GOMES SOARES	F3039	54	HELIO FERREIRA	00:06:42	8,95	00:33:32
158	1449	NAYARA TRAVASSOS COSTA	F3039	55	BODY SPORT	00:06:43	8,94	00:33:34
159	1326	LAURA GRASCELI LAGE	F1019	9	RECANTO FITNESS /BRENO PERSONAL	00:06:43	8,92	00:33:37
160	1524	ROSEMERE APARECIDA HUDSON FRERIS	F5059	27	BORYSPORT	00:06:44	8,92	00:33:38
161	1485	REGINA BUENO DE ALMEIDA ALVES	F5059	28	ELITE JP	00:06:44	8,91	00:33:41
162	1153	ELENI DE JESUS MARIANO	F3039	56	AMACORR	00:06:44	8,90	00:33:42
163	1244	INGRIDY RODRIGUES CABANHA	F2029	30		00:06:45	8,88	00:33:47
164	1359	LUCIMAR CONSOLAÇÃO DE MIRANDA DAVILA	F4049	35	CORE STUDIO	00:06:46	8,88	00:33:48
165	1375	MARCILENE DORNELAS FORTES	F3039	57	ELITE JP	00:06:47	8,85	00:33:54
166	1258	IZABELLA DE CASTRO CABRAL	F3039	58	ROCKSPORT	00:06:47	8,85	00:33:55
167	1076	CARLA SOUZA SILVA	F5059	29		00:06:47	8,84	00:33:56

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
168	1164	ELIZÂNGELA	F3039	59	LOUCOS POR TRILHAS	00:06:47	8,84	00:33:56
169	1482	RAQUEL MARTINS DE SOUZA	F3039	60	STRONGBOX	00:06:48	8,83	00:33:58
170	1549	SIMÔNICA M. RODRIGUES SILVA	F4049	36	MAYCRA	00:06:49	8,80	00:34:06
171	1516	RONIA DE ALMEIDA MIRANDA FERREIRA	F4049	37	MUNDO NOVO	00:06:50	8,79	00:34:08
172	1393	MARIA DE LOURDES F. DO N. CAMPOS	F5059	30	CORE STUDIO	00:06:50	8,78	00:34:10
173	1499	ROBERLICE APARECIDA ALVES DE SOUZA	F4049	38	STUDIO FITNESS ACADEMIA	00:06:51	8,76	00:34:14
174	1087	CHEILA ROSA DA SILVA ROMAO	F2029	31	CHEILA	00:06:52	8,75	00:34:18
175	1643	DENISE ARAÚJO DE AMEIDA	F2029	32		00:06:52	8,75	00:34:18
176	1267	JESSICA CASTRO	F2029	33		00:06:52	8,74	00:34:19
177	1358	LUCIETE FIALHO DE OLIVEIRA	F3039	61	CHEILA	00:06:52	8,74	00:34:19
178	1562	TAMIRES RODRIGUES DA COSTA	F2029	34	SIMOV	00:06:52	8,73	00:34:22
179	1226	GLAUCIANE DE FATIMA LOPES	F3039	62	CASU EM AÇÃO	00:06:53	8,73	00:34:23
180	1402	MARIA TERESA DA COSTA REIS PAULINO	F3039	63	ARI PERSONAL	00:06:53	8,72	00:34:25
181	1625	DANIELA LUCIANA COSTA ARAUJO	F3039	64	SSX	00:06:54	8,69	00:34:31
182	1633	KAYLANE DA SILVA ARAUJO	F1019	10	SSX	00:06:54	8,69	00:34:31
183	1101	CRISTIANE APARECIDA FERREIRA DE CARVALH	F3039	65		00:06:56	8,65	00:34:40
184	1403	MARIA VALDETE ANDRE	F6099	4	SIMOV	00:06:56	8,65	00:34:40
185	1005	ADRIANA CRISTINA CAETANO	F2029	35	SSX GESTÃO E NEGÓCIOS	00:06:57	8,62	00:34:47
186	1249	ISABEL CRISTINA DE LIMA	F3039	66	SSX GESTÃO E NEGÓCIOS	00:06:58	8,62	00:34:48
187	1626	DEISIANA CRISTINA CAETANO LIMA	F3039	67	SSX	00:06:58	8,61	00:34:50
188	1353	LUCIANA MARIA LOURENÇO	F4049	39	FUNCIONAL DO SESI MINAS-LUIZ MINHANELI	00:06:58	8,61	00:34:51
189	1597	VANUZA MOURA FERREIRA DOS REIS	F2029	36	SSX GESTÃO E NEGÓCIOS	00:07:00	8,57	00:35:00
190	1109	DAICYR MARIA BERTO CORRÊA	F3039	68	DAICYR MARIA BERTO CORRÊA	00:07:01	8,56	00:35:04
191	1265	JAQUELINE ROCHA BRAGA	F2029	37	OLYMPUS ACADEMIA	00:07:02	8,54	00:35:08
192	1247	ISA DE PAULA SANTOS OLIVEIRA	F3039	69		00:07:02	8,53	00:35:09
193	1060	BRUNA GABRIELA VIEIRA BARROS	F3039	70	ESPORTE CLUBE CARATINGA	00:07:07	8,43	00:35:35
194	1072	CAMILA VIEIRA NUNES	F3039	71		00:07:07	8,43	00:35:36
195	1071	CAMILA STHEFANIA POVOA FERREIRA	F3039	72		00:07:09	8,39	00:35:46
196	1081	CASSIA FERREIRA BOTELHO	F2029	38	BODY SPORT	00:07:09	8,39	00:35:46
197	1591	VALQUIRIA G S MIRANDA	F3039	73		00:07:10	8,38	00:35:48
198	1319	KERCILENE SILVA QUEOPERRO DOS REIS	F3039	74	MAYCRA	00:07:10	8,37	00:35:51
199	661	MARCIA HELENA DA SILVA	F4049	40	PREFEITURA MUNICIPAL DE CARATINGA E BODS	00:07:12	8,33	00:36:00
200	1204	GEISIANE BARCELOS TEIXEIRA	F3039	75		00:07:12	8,33	00:36:00

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
201	1069	CAMILA GONZAGA NEVES	F2029	39	GILMAR PERSONAL	00:07:12	8,33	00:36:01
202	1397	MARIA JOSE RODRIGUES DE PAULA	F4049	41	GILMAR PERSONAL	00:07:12	8,33	00:36:01
203	1410	MARINA FERREIRA RODRIGUES	F2029	40		00:07:13	8,31	00:36:05
204	642	LAVINIA BITENCOURT COELHO	F1019	11	STUDIO FITNESS ACADEMIA	00:07:13	8,31	00:36:07
205	1427	MICHELLE NUNES MARTINS	F3039	76	BODY SPORT	00:07:13	8,31	00:36:07
206	1384	MARIA ALVES CUNHA	F6099	5	CLÍNICA DO MOVIMENTO	00:07:14	8,29	00:36:12
207	1521	ROSANGELA MARIA DORNELAS SOARES	F3039	77	ACADEMIA CORPO E MENTE	00:07:15	8,28	00:36:14
208	1369	MARCELIA FERREIRA MENDES	F3039	78	BODY SPORT	00:07:15	8,28	00:36:15
209	1547	SIMONE CAMILA CORREA DE PAULA	F4049	42		00:07:16	8,26	00:36:18
210	1463	PAULA FATIMA LAIGNIER CARVALHO GOMES	F3039	79	BODY SPORT ACADEMIA	00:07:16	8,26	00:36:20
211	1075	CARLA BITENCOURT BATISTA VIEIRA	F3039	80	GALO RUNNERS	00:07:16	8,25	00:36:21
212	1013	ALESSANDRA APARECIDA BARBOSA MARTINS	F2029	41	SIMOV	00:07:18	8,23	00:36:28
213	1315	KEITTE MELLER LOPES MADEIRA DA COSTA	F2029	42	SIMOV	00:07:18	8,22	00:36:29
214	1564	TATIANA DEAN SILVA MARÇAL	F4049	43		00:07:18	8,22	00:36:31
215	1544	SILVANEIA RODRIGUES DE OLIVEIRA	F4049	44	MAYCRA	00:07:19	8,20	00:36:34
216	1175	ESTER REGINA RAMOS TONON	F2029	43		00:07:19	8,20	00:36:36
217	1373	MARCIA SANTIAGO GRACIANO ASSIS	F5059	31	BORYSPORT	00:07:20	8,19	00:36:38
218	1243	INES ALVES GABRIEL DE SOUZA	F5059	32	ACADEMIA BIOFITNESS	00:07:20	8,18	00:36:40
219	1268	JOANA DARC MOREIRA	F5059	33	OLIMPUS ACADEMIA	00:07:22	8,14	00:36:50
220	1440	MORENA MARIA RIBEIRO GOMES	F3039	81	MAYCRA	00:07:24	8,11	00:37:00
221	1523	ROSELY DE MOURA VIEIRA	F4049	45	BODYSPOORT	00:07:24	8,10	00:37:01
222	609	ISABELLA FERREIRA SOARES ROSA	F2029	44	OLIMPUS ACADEMIA	00:07:25	8,09	00:37:04
223	1221	GISELY XAVIER DA SILVA	F3039	82	CORE STUDIO	00:07:26	8,07	00:37:11
224	1206	GEOVANNA DE ASSIS PIRES	F2029	45		00:07:26	8,06	00:37:12
225	1339	LÍVIA MOL FRAGA MELO	F2029	46		00:07:26	8,06	00:37:12
226	1102	CRISTIANE R S PEIXOUTO	F4049	46	BRENOPERSONAL	00:07:27	8,06	00:37:13
227	1395	MARIA DO CARMO VIANA CAETANO	F5059	34	BODY SPORT	00:07:27	8,06	00:37:13
228	1538	SARA MACHADO TEIXEIRA	F3039	83	MAYCRA	00:07:27	8,06	00:37:14
229	1168	EMANUELA LIMA ALVES CUNHA	F4049	47	BODYSPOORT	00:07:29	8,01	00:37:27
230	1636	ROSE HERINGER	F5059	35	ROCK SPORT	00:07:29	8,01	00:37:27
231	1340	LORENA RODRIGUES SILVA	F2029	47	EQUIPE OLIMPUS ACADEMIA	00:07:30	8,00	00:37:29
232	1027	AMANDA CRISTINA ASSIS DOS SANTOS	F2029	48	CORRE RAUL	00:07:30	7,99	00:37:32
233	1333	LETICIA AZEVEDO RODRIGUES	F2029	49	CHEILA	00:07:30	7,99	00:37:32
234	1194	FLÁVIA BASTOS RAMOS	F3039	84	DOCTUM	00:07:31	7,99	00:37:34

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
235	1441	MORGANA GARCIA CARVALHO	F3039	85	ACADEMIA OLIMPUS	00:07:32	7,96	00:37:42
236	1107	CYNTHIA SUELY DIAS CAMPOS FRANCO	F4049	48	BODY SPORT	00:07:33	7,95	00:37:43
237	1432	MIRIAM HELENA SILVA FERNANDES	F4049	49	LOUCOS POR TRILHA	00:07:34	7,93	00:37:51
238	1049	ANNA CLAUDIA AZEVEDO	F3039	86	SSX GESTÃO E NEGÓCIOS	00:07:35	7,92	00:37:53
239	1414	MARLLA JORDANIA FEMININO CAMPOS	F3039	87	BODYSPOORT	00:07:35	7,91	00:37:55
240	1171	EMILIANE DE FARIA LUIZ LIMA	F2029	50	ELITE JP	00:07:35	7,91	00:37:57
241	1350	LUCIANA BENTO DA COSTA	F3039	88	AMACORR	00:07:36	7,89	00:38:01
242	1325	LARIZE MENDES	F3039	89		00:07:37	7,87	00:38:06
243	1460	PATRICIA SILVEIRA COSTA	F5059	36	CORE STUDIO	00:07:37	7,87	00:38:07
244	1044	ANDRESSA ARANTES	F2029	51	ROCKSPORT	00:07:38	7,86	00:38:10
245	1519	ROSA MARIA FRANCO DE OLIVEIRA	F5059	37	BORYSPORT	00:07:40	7,83	00:38:18
246	1161	ELIVANIA ARMENDANE DE LIMA	F3039	90		00:07:41	7,82	00:38:23
247	1479	RAIMUNDA MARIA DA COSTA LOPES	F4049	50	OLIMPUS ACADEMIA	00:07:41	7,82	00:38:23
248	1528	RUBIA CALAIS	F4049	51	MUNDO NOVO	00:07:41	7,82	00:38:23
249	1475	PRISCILLA BEATRIZ BATISTA ELIZIARIO	F3039	91	BODY SPORT	00:07:41	7,81	00:38:25
250	1042	ANDRÉIA CORRÊA DE FREITAS BARBOSA	F3039	92	POWEROSAS	00:07:42	7,80	00:38:28
251	1255	IVONE CRISTINA DA CRUZ	F3039	93	CORE STUDIO	00:07:42	7,79	00:38:30
252	1125	DEBORA PORTELLA DE ALMEIDA GONÇALVES	F4049	52	BODYSPOORT	00:07:42	7,79	00:38:31
253	1257	IZABELA DE SOUZA ALVES BELTRÃO	F1019	12	BODY SPORT	00:07:43	7,77	00:38:36
254	1123	DÉBORA DIAS BARBOSA FRAGA	F3039	94	BODY SPORT	00:07:45	7,75	00:38:44
255	1036	ANACLETA LURDES ESTEVÃO DE ASSIS	F3039	95	HÉLIO FERREIRA	00:07:45	7,74	00:38:45
256	1033	ANA LUIZA DIAS GRACIANO MATHIAS	F2029	52	HÉLIO FERREIRA	00:07:46	7,73	00:38:48
257	1144	EDNA APARECIDA DE OLIVEIRA HUEBRA	F4049	53	MARTINS SOARES RUNNING	00:07:50	7,66	00:39:09
258	1474	PRISCILA VASCONCELOS DE MORAIS ALVES LAIGNIER	F3039	96	BODY SPORT	00:07:51	7,64	00:39:16
259	1002	ADEMARIA ARRUDA LOPES	F5059	38	MAYCRA	00:07:51	7,64	00:39:17
260	1160	ELISÂNGELA DO CARMO BATISTA FERREIRA	F4049	54	ELITE JP	00:07:52	7,62	00:39:22
261	1594	VANESSA FIGUEREDO ARAÚJO	F4049	55	ELITE JP	00:07:53	7,60	00:39:27
262	1491	RENATA LÚCIA DOS SANTOS	F4049	56	BODYSPOORT	00:07:54	7,59	00:39:30
263	1362	LUCIMERI RODRIGUES DA ROCHA	F5059	39	BODY SPORT	00:07:58	7,53	00:39:50
264	1428	MICHELLE SILVEIRA CHRISTOFORI	F4049	57	ROCK SPORT	00:07:59	7,52	00:39:55
265	1522	ROSANGELA SOARES DA PAZ	F5059	40	MAYCRA LIMA	00:07:59	7,51	00:39:57
266	1203	GABRIELA MENDES SILVA DUTRA	F1019	13	BODYSPOORT	00:08:01	7,48	00:40:05
267	1389	MARIA ARECIDA DA COSTA SLVA	F4049	58	BIOFITNESS	00:08:03	7,45	00:40:17

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
268	1220	GISELE BELARMINA GOMES DA SILVA	F3039	97	SSX GESTÃO E NEGÓCIOS	00:08:04	7,43	00:40:21
269	1383	MARGARETH CORRÊA CALHÁU DE FREITAS	F6099	6	POWEROSAS	00:08:06	7,41	00:40:28
270	1335	LETÍCIA PEREIRA MENDONÇA	F2029	53	BODYSPOET ACADEMIA	00:08:07	7,39	00:40:37
271	1021	ALEXSANDRA LOPES DA SILVA	F4049	59	CORE STUDIO	00:08:10	7,34	00:40:52
272	1621	ZULMARA DUTRA SANTOS FRANCO	F5059	41	ÁGUA SANTA	00:08:12	7,31	00:41:01
273	1124	DEBORA MIQUELINE MEDEIROS DA SILVA	F2029	54	SSX GESTÃO E NEGÓCIOS	00:08:13	7,30	00:41:05
274	1554	SULAMITA DAMARIS CORREIA FERNANDES	F3039	98	SSX GESTÃO E NEGÓCIOS	00:08:13	7,30	00:41:05
275	1163	ELIZABETH GOMES	F6099	7		00:08:14	7,29	00:41:08
276	1492	RENATA RODRIGUES SILVA	F3039	99	LOUCOS POR TRILHA	00:08:15	7,28	00:41:14
277	1448	NAYARA BERNARDES CERQUEIRA CAMPOS	F2029	55		00:08:16	7,26	00:41:18
278	1418	MATILDES DE OLIVEIRA SILVEIRO	F2029	56	SSX GESTÃO E NEGÓCIOS	00:08:16	7,25	00:41:22
279	1438	MONICA CORREA BOMFIM RIBEIRO	F4049	60		00:08:18	7,23	00:41:31
280	1086	CHARLYSE CARLA LAIGNIER CARVALHO	F3039	100	BODY SPORT	00:08:19	7,22	00:41:34
281	1037	ANALIGIA DOS REIS MATOS	F3039	101		00:08:19	7,21	00:41:35
282	1400	MARIA QUITERIA MENDES TRIGO	F4049	61	BODYSPOET	00:08:23	7,16	00:41:53
283	1394	MARIA DO CARMO ROSA DA SILVA	F5059	42	LM	00:08:26	7,11	00:42:10
284	1607	VITÓRIA DE OLIVEIRA NORONHA	F2029	57	STUDIO FITNESS ACADEMIA	00:08:28	7,08	00:42:22
285	1322	LAÍS SANTOS MORAIS	F2029	58	MAYCRA	00:08:30	7,06	00:42:31
286	1556	SYOMARA APARECIDA SILVA	F5059	43	BODY SPORT	00:08:33	7,02	00:42:43
287	1303	JULIANA FERRAZ SILVEIRA	F3039	102		00:08:35	6,99	00:42:55
288	1548	SIMONE EUGENIA DA ROCHA GARCIA	F3039	103	OLIMPUS	00:08:35	6,98	00:42:57
289	1392	MARIA DE FATIMA BERNARDES CERQUEIRA	F6099	8	BODYSPOET	00:08:39	6,94	00:43:13
290	1493	RENATA SOARES FREITAS AVELAR	F4049	62	BODY SPORT	00:08:40	6,93	00:43:19
291	1354	LUCIANE FERNANDES DA SILVA GONÇALVES	F4049	63	BODYSPOET	00:08:43	6,88	00:43:37
292	1012	ALESSANDRA ALVES SABINO	F4049	64		00:08:44	6,87	00:43:40
293	1242	HUMBERTO NASCIMENTO SILVA	F4049	65	OLIMPUS	00:08:46	6,84	00:43:51
294	1406	MARIANA RODRIGUES DE OLIVEIRA NEVES	F2029	59	MAYCRA	00:08:51	6,78	00:44:15
295	1363	LUDMILLA LUIZA	F1019	14	CLÍNICA DO MOVIMENTO	00:08:51	6,78	00:44:16
296	1423	MEIRE BASÍLIO LIMA	F3039	104	BIOFISICAL ACADEMIA E FITNESS	00:08:53	6,75	00:44:27
297	1498	RHAKELL MACHADO VÉRAS	F4049	66	BODY SPORT	00:08:55	6,73	00:44:33
298	1542	SHIRLEY RODRIGUES RIBEIRO	F2029	60		00:08:57	6,70	00:44:47
299	1035	ANA PAULA FERNANDES GOMES FLORES	F3039	105	CLÍNICA DO MOVIMENTO	00:08:59	6,67	00:44:58

CIRCUITO DAS PALMEIRAS DE CORRIDA DE RUA

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
300	1361	LUCIMARA SANTANA DE MENEZES	F6099	9	CLÍNICA DO MOVIMENTO	00:09:01	6,65	00:45:05
301	1280	JOAQUINA BATISTA DA SILVA	F5059	44	JOAQUINA	00:09:06	6,59	00:45:31
302	1246	IRENE ALVES DE OLIVEIRA	F6099	10	REDE TOP ACADEMIA	00:09:10	6,55	00:45:48
303	1349	LUCIANA	F4049	67	MUNDO NOVO	00:09:12	6,53	00:45:58
304	1433	MIRIAM LUIZA DOS SANTOS CAMPOS PALHARES	F3039	106		00:09:13	6,51	00:46:06
305	1311	KAREN RIBEIRO OLIVEIRA	F2029	61	QUEEN	00:09:15	6,49	00:46:15
306	1595	VÂNIA MARGARETH RODRIGUES R OLIVEIRA	F4049	68	QUEEN	00:09:15	6,48	00:46:17
307	1553	SUELISSA DE SOUSA LIMA	F3039	107	MAYCRA	00:09:23	6,40	00:46:53
308	1458	PATRICIA GONZAGA SILVA	F4049	69	SSX GESTÃO E NEGÓCIOS	00:09:32	6,29	00:47:41
309	1589	VALÉRIA XAVIER RODRIGUES	F4049	70	MAYCRA	00:09:34	6,27	00:47:52
310	1500	ROBERTA MENDES DUTRA	F3039	108	BODYSPOORT	00:09:35	6,26	00:47:56
311	1259	IZABELLE CARMELITA DE SOUZA GRILLI	F2029	62		00:10:49	5,55	00:54:05
312	1422	MAYCRA LIMA OLIVEIRA	F3039	109	MAYCRA	00:11:48	5,08	00:59:02
313	1152	ELAINE RODRIGUES DOS SANTOS	F3039	110		00:13:01	4,61	01:05:04